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Degree in Medicine and Surgery at the University of Milan in 1979, with full marks cum laude.
Post-graduate degree in Occupational Medicine at the University of Milan in 1983 with full marks.
Visiting Scientist in 1988-89 at the Department of Biostatistic and Epidemiology, School of Public Health, University of North Carolina at Chapel Hill, N.C. (USA).
Post-graduate degree in Statistics in Medicine at the University of Milan in 1998.

Previous affiliations: University of Milan, Institute of Occupational Medicine, and University of Milano-Bicocca at Monza, Institute of Biomedical Sciences.

At present at the University of Insubria at Varese he is:

President of the School of Medicine

Director of the post-graduate School of Occupational Medicine

Director of the Research Center on Epidemiology and Preventive Medicine - EPIMED, University of Insubria [<http://epimed.uninsubria.eu>]

He teaches courses of Occupational Medicine, Research Methods and Biostatistics at the School of Medicine, Dentistry, and Physiotherapy.

Director of the Occupational Medicine Unit at the University Hospital *Ospedale di Circolo – Fondazione Macchi of Varese*, Reference Center of reference of Regione Lombardia for Occupational Diseases.

Major fields of research: epidemiology of occupational diseases, epidemiology of cardiovascular diseases, socio-occupational determinants of health, risk assessment of work stress and job strain; environmental epidemiology.

Among granted research programs is worth to mention:

- 1994-2000 Publication Coordinator and subsequently Chairman of the Steering Committee of the WHO-MONICA Project;
- Italian local PI of the JACE (Job stress, Absenteeism and Coronary Events in Europe) Study, Concerted Action of the European Union within the BIOMED I Program (BMH1-CT94-1336);
- PI of the Regional Epidemiologic Register of cardiovascular diseases, named CAMUNI (CArdiovascular diseases Monitoring Unit in Northern Italy) Project, from 1998 to 2008. Regione Lombardia Grants numbers G.R. n. VI/31737 of 17/10/97 and n. 6720 of the 16/06/2004.
- PI of the Cohort Component of the CUORE Project, funded by the Ministero della Sanità within the frame of "Programma speciale ex art. 12, comma 2/B del D Leg 502/92, 1998", coordinated by the Istituto Superiore di Sanità, Rome;
- Scientific coordinator of the Project "Health Promotion of Health employees –HP². Grant of Regione Lombardia n. VII/9847 del 19.07.2002;
- Member of the Management Group of the MORGAM (MONica Risk, Genetics, Archiving and Monograph) Project. Granted by EU the BIOMED II Program (BMH2-CT98-3183);
- Local PI of the BIOMARCARE - Biomarker for Cardiovascular Risk Assessment in Europe – Project, 7th Framework Programme Collaborative Project. Grant Agreement No. HEALTH-F2-2011-278913;

Professor Ferrario is member of the following scientific societies:

- International Commission on Occupational Health (ICOH), acting as vice-chair of the Work and Cardiovascular Diseases Section;
- Società Italiana di Medicina del Lavoro e Igiene Industriale (SIMLII), acting as President of the Lombardy regional section;
- Società Italiana di Statistica Medica ed Epidemiologia Clinica,
- Member of the Nucleus in Epidemiology and Prevention of the European Cardiology Society (ESC),
- Fellow of the Italian Associazione Nazionale Medici Cardiologi Ospedalieri (ANMCO).

He is reviewer of Circulation, BMJ, BMJ Open, American Journal of Industrial Medicine, Heart, International Journal of Epidemiology, European Journal of Preventive Cardiology, International Journal of Public Health, International Archives of Occupational and Environmental Health, Journal of Cardiovascular Medicine, Annals of Oncology, Journal of Occupational and Environmental Medicine, Industrial Health. He was Editor-in-Chief of the Journal of Medicine and the person.

indexed pubs 178, *h*-Index 34, Overall Citation 4580 (January 2018)

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