Welcome Day

1st Year Students
Course: Hospitality for Sustainable Tourism Development

Academic Year: 2026/2027

29th September 2026

About Us

Martina Marsala





Natalia Kostareva

Hi!



Sofiia Petrova



Anastasiia Smirnova

What to expect from this Course







Interesting and stimulating lessons and project works

International experiences

New friends from all over the world

Interactive lessons, internships, projects













International experiences







Travelling around Italy









Attending local

both in university and outside of it

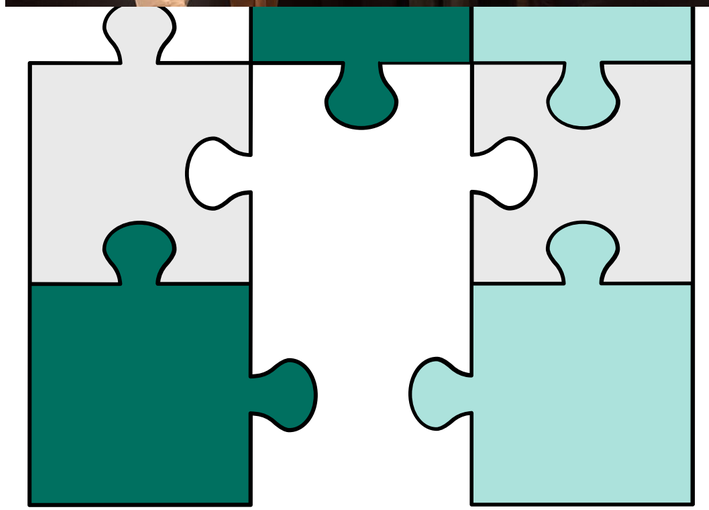
events











What makes this course special

we are not only studying, but choosing sustainable way of living













Como and Insubria

Buildings



You can reach the two buildings:
on foot: 20 min.
by bus: 15/20 min

Sant'Abbondi

*"**Criptoportico**" is a room on the ground floor near the entrance, where you can study and have lunch.*

***Study Room**: located on the first floor.*





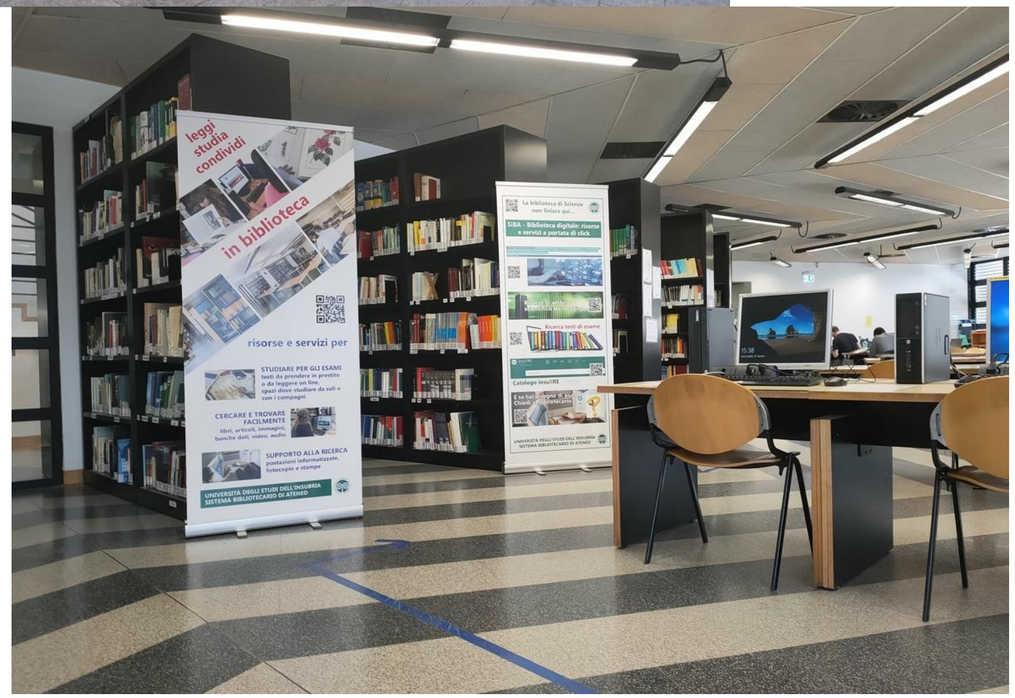
Valleggio

***Lunch Room**: situated on the first floor, here you are allowed to have lunch and study.*

***Library:** located on the first floor. Open hours:*
Monday-Friday, 8.30 - 18.00

*"**Segreteria Studenti**": in Valleggio you can find the student office.*





How to organise your education

or what you may wonder about

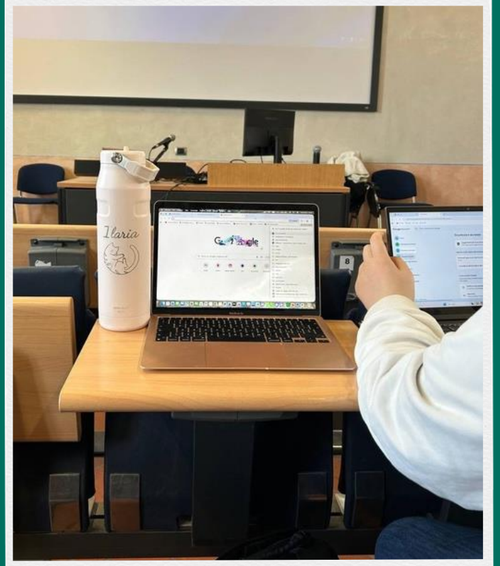
process



Choose exam date



Do your assignments and study from home



Take notes in class

Insubria Websites

Course Webpage

https://www.uninsubria.eu/course-catalogue/course-list/degree-programs/hospitality-sustainable-tourism-development

Teaching materials

https://elearning.uninsubria.it

INFOSTUDENTI (Info service for Students)

https://www.uninsubria.eu/services/all-services/infostudenti-information-service-students

Lesson Timetable

https://unins.prod.up.cineca.it/calendarioPubblico/linkCalendarioId=66cf1bb4b89e1400871dc1c4

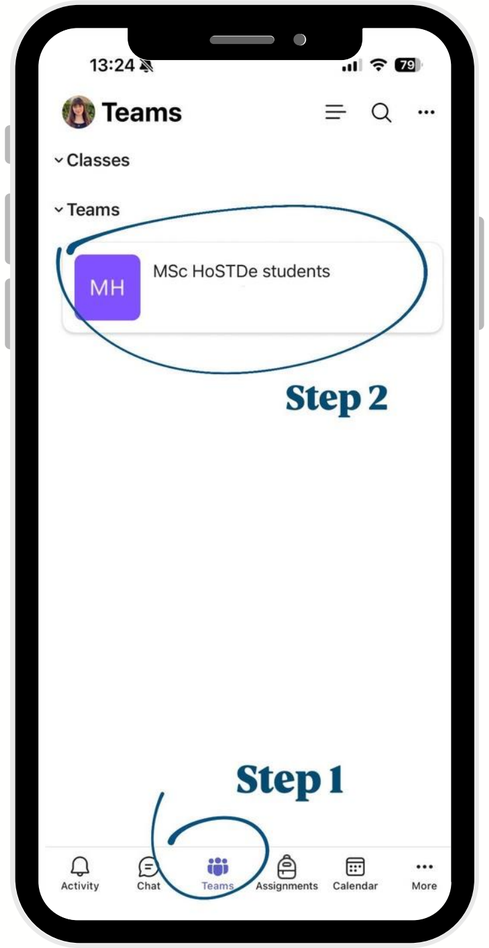
Student Secretariat Web Services

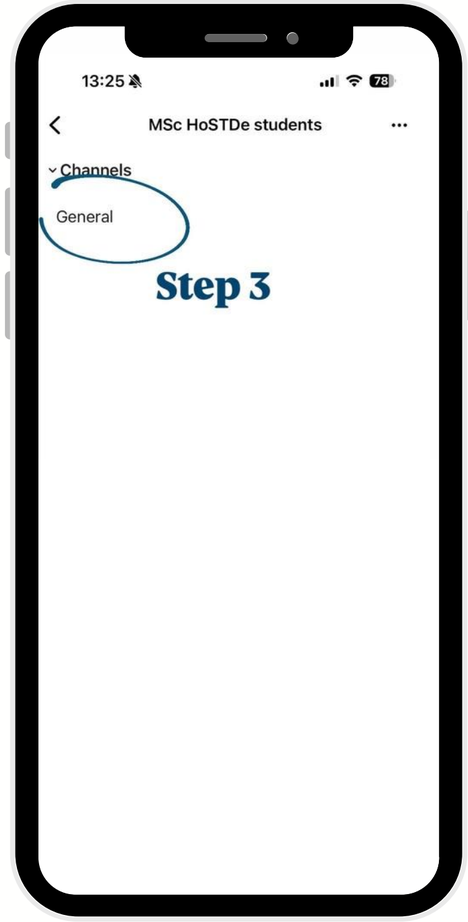
https://uninsubria.esse3.cineca.it

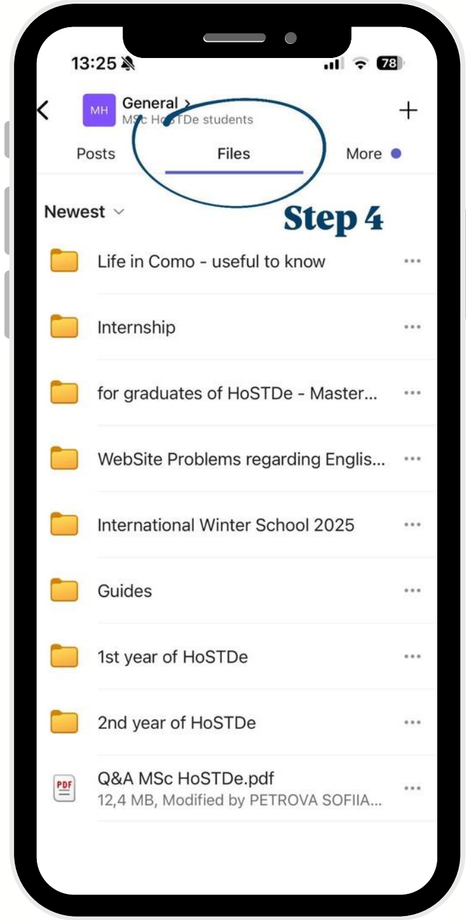
TEAMS GUIDE



Step 0 – enter Teams with the email that the University of Insubria has created for you





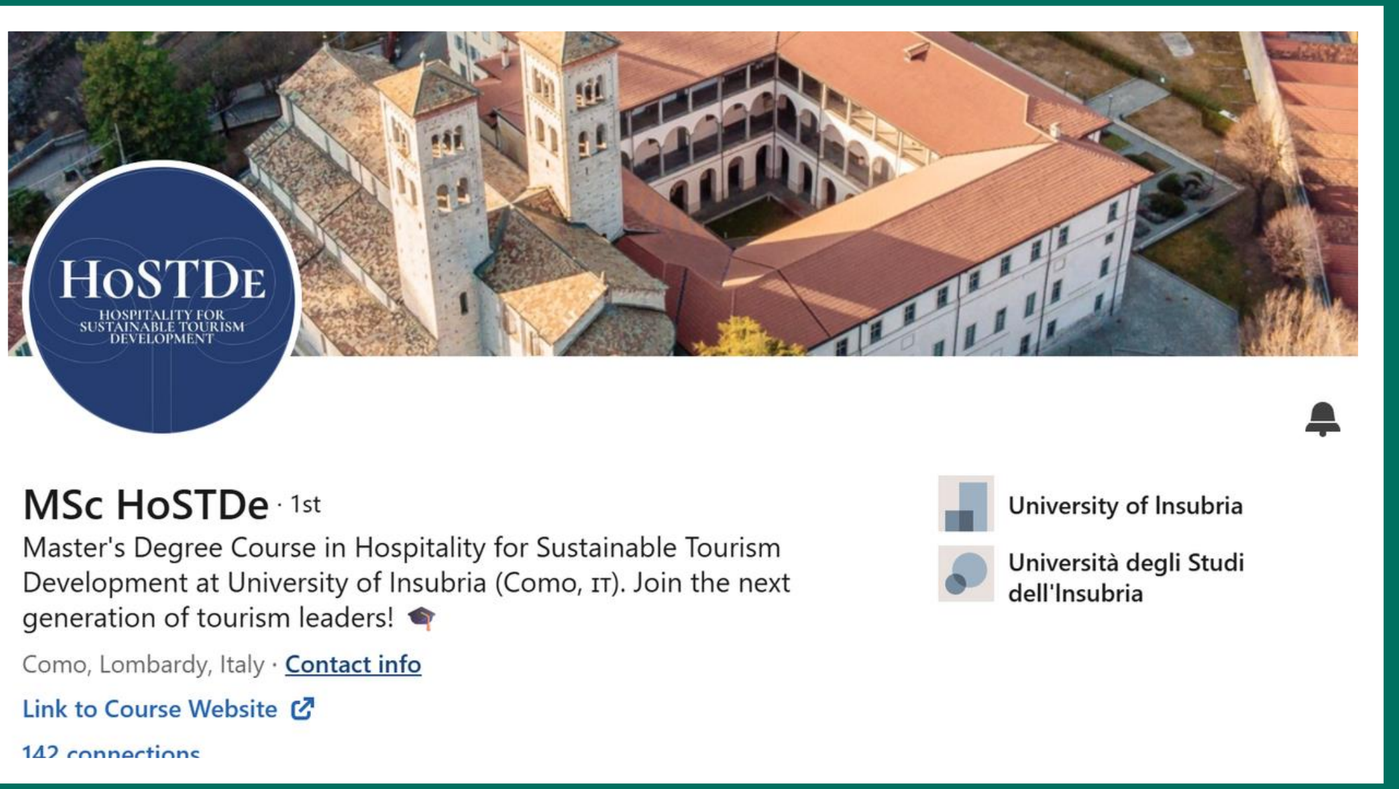


Whatsapp Group Chat

Scan the QR code to access to the dedicated Group Chat for the HoSTDe 1st years Students!

Linkedin HoSTDe

Scan the QR code to access to the Linkedin page of HoSTDe program in order not to miss any opportunity!



10K Steps Together

Student Walking Project in Como

- *Guided city walks for students*
- *Focus on slow tourism & sustainability*
- *Learning outside the classroom*
- *Discovering Como through real experience*

HoSTDe · STUDENT INITIATIVE

10K STEPS TOGETHER

Student wellness walks through Como



FIRST WALK

5 OCTOBER · 17:30

OPEN TO EVERYONE

MEETING POINT:

INSUBRIA UNIVERSITY · SANT'ABBONDIO CAMPUS · CENTRAL HALL



WALK 1

HISTORICAL CENTRE



WALK 2

SPINA VERDE PARK



WALK 3

VILLA OLMO

THREE WALKS · THREE DAYS

CULTURE · **NATURE** · **SUSTAINABLE MOBILITY**

30-MIN MINI-LECTURE + INTERACTIVE QUIZ

PRE-REGISTRATION REQUIRED

VIA GOOGLE FORM

SCAN TO REGISTER

GOOGLE FORM · QR CODE

GOOGLE FORM

To reach us out:

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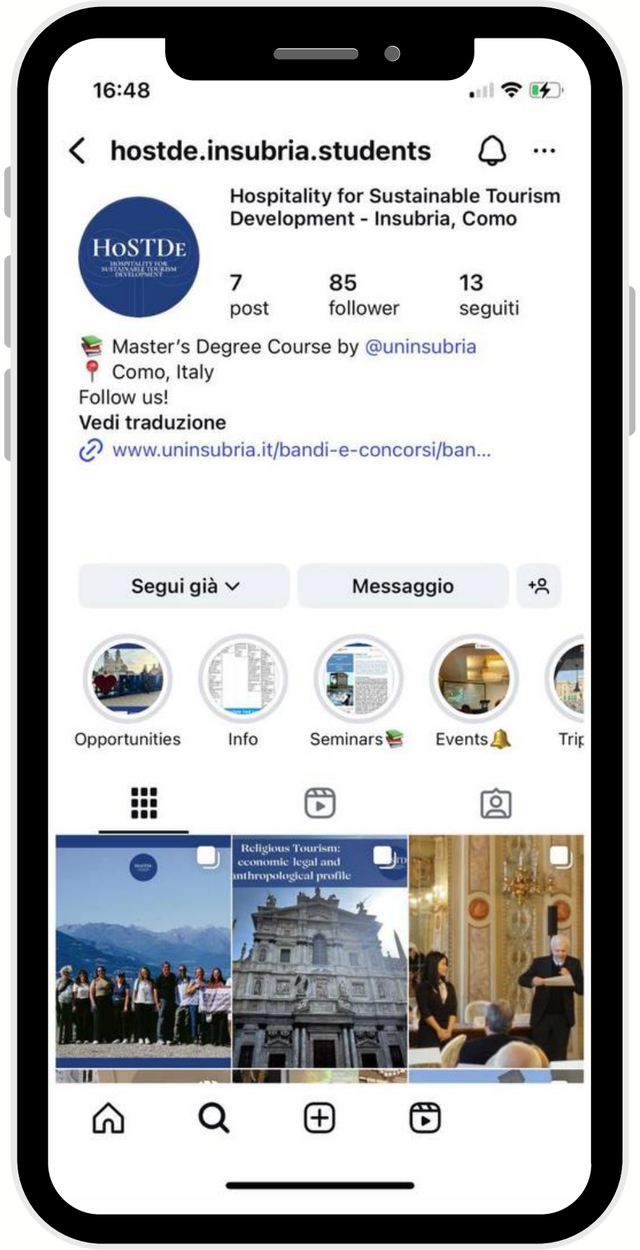
Tutor - MSc HoSTDe

tutor.hostde@gmail.com

Follow the HoSTDe Instagram Page!



We wish you a good academic year!



First university task

:)

Help us to meet your expectations even better, by answering these questions:

H - hopes

O - opinions/observations

S - suggestions

T - threats

D - doubts

E - expectations

Q&A session

Thank you for the attention!

WhatsApp chat

Linkedin

Lesson Timetable

Instagram page