

Editorial Guidelines for the Preparation of the Master's Thesis in Biotechnology for the Bio-based and Health Industry

This document sets forth the mandatory requirements for the preparation and formatting of the Thesis. All candidates must comply with these requirements. The content, scientific approach, and organisation of the thesis should be developed under the guidance of the Supervisor.

Students are required to adhere to the following formatting requirements:

- Page size: A4/B5;
- Font: Garamond, size 12 pt;
- Line spacing 1,5;
- Text alignment: Justified;
- Maximum thesis length: 80 pages (references included);
- Abstract: maximum 1 page.
- Recommended page layout settings:
 - All margins: 2.5 cm;
 - Title Page: use the template provided by the Degree Programme;
 - Print double-sided

Please note: Garamond is the recommended font for the main text. Equivalent professional serif fonts (e.g., Times New Roman, Cambria, or Calibri) may also be used, provided that formatting is consistent throughout the thesis.

Thesis Structure

1. Title Page
2. Table of Contents (1 page)
3. Thesis Abstract (1page)
4. Introduction
5. Main Body of the Thesis (Aim, Materials and Methods, Results and Discussion)
6. Conclusions (2 pages)
7. Appendices
8. References

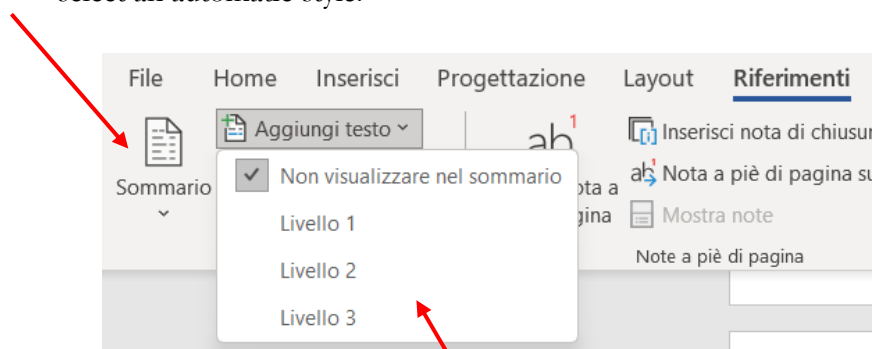
1. TITLE PAGE

Use the template provided by the Degree Programme.

Important notice: The thesis is an official academic document of the University of Insubria. Therefore, only the University of Insubria logo may appear on the title page. Students participating in a Double Degree programme may additionally include the logo of the partner university (see the provided template). Logos of external organisations (e.g., companies, research centres, hospitals, or institutions hosting the internship) are **not permitted** on the title page.

2. TABLE OF CONTENTS

The Table of Contents can be generated automatically using the “References” tab → “Table of Contents” → select an automatic style.



To populate the Table of Contents, select the chapter title, click “Add Text”, and assign the appropriate level: “Heading 1” (chapter), “Heading 2” (section), or “Heading 3” (subsection).

Example:

THESIS ABSTRACT	3
INTRODUCTION	3
AIM	
MATERIAL & METHODS	
RESULTS	Errore. Il segnalibro non è definito.
1. SECTION TITLE	3
1.1 Subsection Title	3

DISCUSSION.....	3
CONCLUSIONS.....	3
REFERENCES.....	4

THESIS ABSTRACT

Please insert the abstract of your Master's Thesis here (maximum one page).

Abstract text

INTRODUCTION

Introduction text.

AIM

Introduction text.

MATERIAL AND METHOS

1.1 SECTION TITLE

Section Text

1.1.1 Subsection Title

Subsection Text

Footnotes should be inserted automatically using the "References" tab and the "Insert Footnote" function¹.

Figures must be accompanied by a caption, numbered consecutively, referred to in the text, and inserted using the appropriate tools available under the "References" tab.

¹ Example



Figure 1 - Example

REFERENCES

Bibliographic references should be listed in alphabetical order according to the surname of the first author.

Reference format:

Surname, Initial(s). of the first author; **Surname**, Initial(s). of the second author; **Surname**, Initial(s). of the last author. Article title. Journal title, year of publication, volume, page range, DOI.

Examples:

Liu J, Yang J, Tang J, Tang H, Dai X, Jin P, Huang Y, Li Z, Zhang Z, Guo X, Bitzan M, Yin X, Liu C. STAT3 regulates NK and NKT cell differentiation through C-X3-C motif chemokine receptor 1 (CX3CR1) in hyper-IgE syndrome. Mol Biomed. **2025**; 10;6(1):104-117. DOI: 10.1186/s43556-025-00323-1.

Mohamad EA, El-Garhy MR, Rageh MM. Improving cisplatin chemotherapy in vivo by niosomal propolis and chrysin as nanoadjuvants. Med Oncol. 2025;42(12):539-554. DOI: 10.1007/s12032-025-03105-5