

October 21, 2024  
**Villa Toeplitz, Varese**

## **“Pioneers of extreme environments: from Pamir to the space“**



### **14.00 Welcome and introduction**

***Prof. Giampiero Merati***

*University of Insubria, Department of Biotechnology and Life Sciences*

### **14.15 On the paths of Edvige Toeplitz in the Pamirs and the East**

***Dr. Sara Fontana***

*University of Insubria, Department of Human Sciences, Innovation and Territory,  
International Research Center for Local Histories and Cultural Diversities*

### **14.30 Physiological changes after short-and long-term missions in space**

***Prof. Hanns-Christian Gunga***

*Charité-Universitätsmedizin Berlin, Institute of Physiology, Center for space Medicine and  
Extreme Environments Berlin*

### **15.15 Circadian rhythm in extreme environment**

***Prof. Martina Anna Maggioni***

*Charité-Universitätsmedizin Berlin, Institute of Physiology, Center for space Medicine and  
Extreme Environments Berlin*

### **16.00 Discussion and closing remarks**