



**NOTICE OF COMPETITION FOR THE AWARD OF A SCHOLARSHIP  
FOR RESEARCH ACTIVITIES ON THE SUBJECT: " MENTAL HEALTH  
IN THE WORKING AND ADULT POPULATION" (CALL CODE: DMC-  
BSR 2023-013)**

**Art. 1.**

**Institution**

A public competition is hereby called for the award of the scholarship for research activities: "Mind-heart axis in the working and adult population: role of occupational and cardiovascular risk factors" following the University Regulations for research activities scholarships issued by Rectoral Decree 22nd/05/2013, no. 538, in force since 06 June 2013.

**Art. 2.**

**Subjects eligible to compete**

The grant can be accessed from Italian or foreign subjects in possession of a degree obtained according to the regulations prior to Ministerial Decree no. 509/1999 and subsequent amendments and supplements (DL), a three-year degree (L), a specialisation degree (S), a master degree (LM) or a foreign degree recognised as equivalent by the Competition Commission.

**Art. 3.**

**Research Structure and Manager**

The research activity can be done in Italy or elsewhere based on the access to libraries, provided by the University of Insubria, with a direct collaboration with Professor Giovanni Veronesi, Research Centre in epidemiology and Prevention (EPIMED), Department of Medicine and Surgery, University of Insubria at Varese.

Scholarship holders shall be entitled to access the research facility to which they are assigned and to use the services available to researchers in accordance with the provisions of the research facility.

**Art. 4.**

**Scholarship duration and amount**

The duration of the scholarship is 12 months.

The scholarship amount is € 14.400,00 exempt from income taxes (IRPEF, art. 4 Law no. 476/1984 and IRAP art. 4 Legislative Decree no. 422/1998 and art. 5 Law no. 289/2002).

This amount will be paid in monthly instalments, except in case of research suspension or withdrawal reported by the Director.

**Art. 5.**

**Application to take part in the competition**

Applications on plain paper, duly signed, should be addressed to: **Department of Medicine and Surgery, University of Insubria - Via Guicciardini, 9 21100 Varese** within **2 november 2023** by certified email to: [segreteria.dmc@pec.uninsubria.it](mailto:segreteria.dmc@pec.uninsubria.it) .





Residents abroad can also send the application by e-mail to:  
[segreteria.dmc@uninsubria.it](mailto:segreteria.dmc@uninsubria.it) .

The candidate's application, which may be drafted by means of attachment A) to this notice, must contain, under penalty of exclusion, the information necessary to uniquely identify the research programme in which the applicant intends to enter. Candidates must clearly state:

- last name and first name
- date and place of birth
- nationality
- tax code
- shipping address during the competition
- Email address
- and attach a copy of their ID card and tax code.

Candidates with a disadvantage must also specify the type of assistance needed, as well as any need for additional time during a possible interview, in accordance with Law No. 104 of February 5, 1992.

Applications must be submitted along with a CV and papers thus proving that requirements and qualifications listed in Articles 2 and 6 are met.

Pursuant to Articles 46 and 47 of Presidential Decree 445/2000, such titles may be produced in as original forms, as certified copies, as compliant copies, or as self-certifications. The latter can be done by means of attachment B to this notice.

#### **Art. 6.**

#### **Required skills and qualifications, description of activities**

##### Titles:

Bachelor Degree in Psychology or higher.

##### Preferred Titles:

Excellent knowledge of spoken and written English (preferably mother tongue);  
Modules on workplace psychology and human factors taken as part of the degree;  
Previous working experience with Academic research institution with similar duties, in a team with experts in biostatistics, epidemiology and psychology;  
Be able to conduct a literature research, and to summarize its results;  
Be able to work independently and within fixed deadlines.

##### Description of activities:

The research will include the following three topics:

- association between long-working hours, night shift work and job absenteeism with burnout, mental distress and PTSD in nurses and nurses assistants, in a well-characterized longitudinal study of healthcare workers;
- association between work stress and workplace violence against healthcare workers, in the first 14 months of implementation of the DeVOS Study protocol on violence incident reporting and root cause analysis;

- association between mental illness and CVD traits in the adult population: evidence from the scientific literature and from a population-based cohort of residents in the Varese city.

The work will be conducted under the supervision of Professor Giovanni Veronesi, and the successful candidate will be expected to conduct literature searches into the main themes of the research and summarise the results; collaborate in research planning and interpretation of results; contribute to writing papers and reviews, and moreover, to revise psychology-specific reports and papers for the English language.

#### **Art. 7.**

##### **Attribution of the grant**

Within 15 days from expiry of the competition notice, the competition Commission appointed by Decree of the Director of the Department of Medicine and Surgery will evaluate the candidates curriculum and qualifications and award the grant, with unquestionable judgment, even posterior to a possible interview, to the first candidate suitable in ranking.

In the event of an interview, the invitation will be sent with at least 3 days' notice by means of the e-mail address specified by the candidate in the application.

The Commission, following Article 6 of this Notice, shall fix a maximum of 100 points to be allocated as follows:

1. up to a maximum of 5 points for the Bachelor degree mark in Psychology

Points 110/110 cum laude = 5,0 points;

Points from 105 to 110 = 3,0 points;

Points from 99 to 104 = 1,0 points;

2. up to a maximum of 40 points for the English language knowledge;

3. up to a maximum of 25 points for a curriculum denoting:

- a) modules on workplace psychology and human factors taken as part of the degree;
- b) previous working experience with Academic research institution with similar duties, in a team with experts in biostatistics, epidemiology and psychology;
- c) be able to conduct a literature research, and to summarize its results,
- d) be able to work independently and within fixed deadlines.

4. up to a maximum of 30 points for the interview on subjects connected with the scholarship

For the attribution of the grant, candidates must achieve an overall score of at least 50 points.

#### **Art. 8.**

##### **Grant effectiveness**

The structure will notify the award of the research activities scholarship to the first candidate in the ranking through written communication.

In order to award the scholarship within 10 days from the date of receipt of the above notice the winning candidate will have to send the following documents, under penalty of forfeiture:

- declaration of acceptance of the research activities scholarship;
- copy of the tax code;
- declaration that, throughout the grant period, the candidate will not be entitled to any other scholarship, nor research grants or any other emoluments incompatible following article 9 below.

The scholarship will be effective on the first day of the month following the award date of issue.

**Art. 9.**

**Incompatibilities**

The research scholarship winning candidates could only benefit a renewal.

The grant fruition is incompatible with:

- (a) any other grant;
- (b) research grants;
- (c) any other hypotheses following the legislation in force.

If the incompatibility occurs after the grant is attributed, it expires.

**Art. 10.**

**Features of the scholarship**

The research activities scholarship award for does not constitute an employment or self-employment relationship and does not imply any rights with regard to the access to University positions.

**Art. 11.**

**Scholarship holders obligations**

The scholarship holders must take care of the payment for the insurance towards others, such amount will be directly deducted from the first installment of the scholarship.

Within 30 days from the scholarship expiration, scholarship holders must submit to the Department Director a detailed report on their activities, duly endorsed by the responsible professor and by the holder of the research fund (where different). In the event of publication of the research results, scholarship holders must specify that the research was carried out thanks to a scholarship awarded by the University of Insubria.

**Art. 12.**

**Scholarship expiration**

In the event of resignation or lack of acceptance, the scholarship may be awarded to another eligible candidate following the ranking order. The right to the grant shall expire for those who do not declare their acceptance within the fixed time limit, except for health reasons or proven major force events, provided they are not incompatible with the period required for carrying out the research that originated the grant. In this latter



case, the grant payment will start from the date of the actual commencement of the research activity, without prejudice to the grant duration.

A scholarship holder may be ceased from the scholarship grant when, without a valid reason, after the beginning of the planned research, he/she does not continue the research regularly and continuously for the entire duration of the scholarship, or he/she is responsible for serious and repeated defaults.

**Art. 13.**

**Processing of personal data**

Following the EU Regulation 2016/679 our University will respect the confidential nature of the information provided by the candidates: all their data will be processed only for purposes connected with and instrumental to the competition and to the eventual stipulation and management of the relationship with the University. The candidate must read the information provided in accordance with EU Regulation 2016/679 attached to this notice.

**Art. 14.**

**Information on the application of the corruption prevention legislation**

Following the relevant legislation our University has adopted its Three-Year Plan for the prevention of corruption and appointed its Manager.

The Three-Year Plan is available on our website <http://www4.uninsubria.it/online/home/naviga-per-tema/amministrazione-trasparente/articolo4719.html>

Please address any claim to the following address: [anticorruzione@uninsubria.it](mailto:anticorruzione@uninsubria.it)

Varese, *date of digital signature*

The Director  
Prof. Luigina Guasti  
*Digitally Signed*

**Responsible for the Administrative Procedure** (Law 241/1990): Dr. Roberto Battisti  
Tel. +39 0332 278928 – [roberto.battisti@uninsubria.it](mailto:roberto.battisti@uninsubria.it)



**INFORMATION PURSUANT TO THE GENERAL REGULATION FOR DATA  
PROTECTION - EU REGULATION 2016/679 AND LEGISLATIVE DECREE  
NO. 196/2003 AND SUBSEQUENT AMENDMENTS AND SUPPLEMENTS  
"CODE ON THE PROTECTION OF PERSONAL DATA".**

The personal data provided FOR to the selection procedure for the award of research activities scholarships are processed in accordance with the General Regulations for Data Protection - EU Regulation 2016/679 and Legislative Decree no. 196/2003 and subsequent amendments and additions "personal data protection code".

This information notice is given, in accordance with the General Data Protection Regulation - EU Regulation 2016/679, to those participating in this selective procedure.

For a better understanding of this information please note that the data controller is, in this case, the legal person that determines the purposes and means of personal data processing.

Personal data consists of information regarding an identified or identifiable physical person (referred to as 'data subject').

Particular/sensitive data are data concerning racial or ethnic origin, political opinions, religious or philosophical beliefs or trade union membership, genetic data, biometric data intended to uniquely identify a physical person, data concerning a person's health or sex life or sexual orientation. Judicial data are data relating to criminal convictions, crimes and security measures.

**1. Data Controller, Data Protection Officer**

The holder of the data protection is the University of Insubria, in the person of the Rector, with registered office located in Varese (VA) Via Ravasi, 2, PEC: [ateneo@pec.uninsubria.it](mailto:ateneo@pec.uninsubria.it).

Interested parties may contact the Data Protection Officer in order to assert their rights under the GDPR (articles 12 to 21), using the following e-mail address: [privacy@uninsubria.it](mailto:privacy@uninsubria.it).

The updated list of those responsible and authorized for the treatment is kept at the headquarters of the Data Controller.

**2. Data treatment subject**

Personal and special personal data, contact details (first name, last name, date and place of birth, tax code, residence, Italian citizenship, ID card, qualifications), tax and bank details, notice results.

### **3. Processing purpose and legal basis**

Verification of the existence of the requisites necessary to participate in the selection procedure for the award of research activities scholarships and of the absence of obstacles to participation, also with reference to particular data and judicial data.

The legal basis of the treatment, pursuant to art. 6, paragraph 1, letter c) of the GDPR, is the need to comply with a legal obligation to which the data controller is subject (including Law no. 398 of 30 November 1989 - Rules on university scholarships). Moreover, processing is necessary to pursue a public interest (Art. 6.1.e of the Regulation). The special and judicial data will be processed only as essential for reasons of public interest as identified by law (art. 9.2.g of the Regulation).

### **4. Type of the data conferment**

The provision of data is required, any refusal to provide them therefore involves the exclusion from the notice procedure.

### **5. Data treatment methods**

Data are collected in compliance with the principles of lawfulness, correctness, relevance, completeness and not redundant in relation to the purposes for which they are processed. Personal data is processed in accordance with the principles of lawfulness, fairness and transparency, as provided by law, thus using tools to record and store the data and in any case in such a way as to ensure its security and to protect the utmost confidentiality of the person involved.

### **6. Data retention duration**

The personal data and the data concerning rankings or reports are kept indefinitely, also for historical reasons, in accordance with the filing obligations imposed by current legislation (Decree 445/2000, Law 42/2004, Decree 3 December 2013).

### **7. Subjects or categories of subjects to whom the data may be communicated or who may get to know them as Managers or Authorized**

The data processed for the above purposes will be communicated or will be accessible to employees and collaborators assigned to the competent offices of the University of Insubria.

The University may also communicate the personal data that it holds also to other public administrations that might need to process them for any proceedings within its institutional competence, as well as to public subjects when, in the presence of the relevant prerequisites, the communication is mandatory following EU provisions, laws or regulations.

The management and storage of the collected personal data take place at the University and / or providers of services necessary for the technical and administrative management that, for the sole purpose of the requested service, may become aware of personal data of data subjects appointed as data processors under Art. 28 of the GDPR.

The complete and updated list of data processors is available upon request at the head offices.

### **8. Data transfer abroad**

There are no data transfers abroad.

### **9. Rights of the Data Subject**

Following please find a list of the rights that can be asserted against the University of Insubria (Data Controller):

- The right of access to their personal data and to all the information referred to in Art. 15 of the GDPR,
- the right to amend inaccurate personal data and to integrate incomplete personal data,
- the right to erase one's own data, with the exception of those contained in acts that must be compulsorily kept by the University, unless there is an overriding legitimate reason for processing;
- The right to limitation of data treatment where one of the situations referred to in Article 18 of the GDPR applies;
- right to object to the processing of their personal data, without prejudice to what is provided for with regard to the necessity and obligation of processing for the purposes of establishing the relationship;
- the right to data portability, in a structured format, in common use and readable by an automatic device, in addition to transfer to other Holders if technically possible;
- the right to revoke any consent given for non-compulsory processing of the data, without prejudice to the lawfulness of the processing based on the consent given before the revocation.

To assert the above rights, please contact the Data Protection Officer by sending a request an e-mail to [privacy@uninsubria.it](mailto:privacy@uninsubria.it).

### **10. Complaints**

In relation to data processing considered as non-compliant the data subject also has the right to make a complaint with the Personal Data Protection Guarantor ([www.garanteprivacy.it](http://www.garanteprivacy.it)) or with the Guarantor Authority of the EU State in which the data subject generally resides or works, or of the place where the alleged violation has occurred,.





**ATTACHMENT A  
APPLICATION FORM**

TO THE DIRECTOR OF THE DEPARTMENT OF  
MEDICINE AND SURGERY  
UNIVERSITA' DEGLI STUDI DELL'INSUBRIA

**Subject: Application to the competitive procedure for a research activities scholarship**

The undersigned \_\_\_\_\_  
Place of birth \_\_\_\_\_ date of birth \_\_\_\_\_  
tax code no. \_\_\_\_\_  
nationality \_\_\_\_\_  
complete address \_\_\_\_\_  
phone no. \_\_\_\_\_ email \_\_\_\_\_

asks to take part in the competition for the award of the study grant for research activities entitled:

“ \_\_\_\_\_  
\_\_\_\_\_

Therefore, following articles 46 and 47 of Presidential Decree 445/2000 and aware that false statements are punished under the Criminal Code and special laws on the subject, declares:

The possession of a university degree in \_\_\_\_\_ obtained at University \_\_\_\_\_ in \_\_\_\_\_ with the final mark: \_\_\_\_\_.

I, the undersigned, attach to this :

- (a) professional scientific CV
  - (b) a photocopy of an ID and tax identification no.;
  - (c) the following additional titles (specify whether they are produced as originals, as certified copies, as compliant copies or as self-certifications):
- \_\_\_\_\_

The undersigned declares to have read the information on persona data protection attached to the competition notice drawn up in accordance with EU Regulation 2016/679, for the purposes of this procedure.

Place, date

signature



**ATTACHMENT B**

**SUBSTITUTIVE DECLARATION OF CERTIFICATION (Article 46,  
Presidential Decree 445/2000)  
SUBSTITUTIVE STATEMENTS OF THE NOTORIETY ACT (art.47, D.P.R.  
445/2000)**

**THE UNDERSIGNED**

Last name \_\_\_\_\_

First name \_\_\_\_\_

Place of birth \_\_\_\_\_ date of birth \_\_\_\_\_

under its own responsibility, aware that following Article 76 of Presidential Decree 445/2000 false statements are punished under the Criminal Code and special laws on the subject,

**DECLARES**

- (a) that all titles, certificates and publications enclosed are certified copies of the original;
- (b) the possession of the following titles and certificates:

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The undersigned declares to have read the information on persona data protection attached to the competition notice drawn up in accordance with EU Regulation 2016/679, for the purposes of this procedure.

Place, date

signature