----Luogo----, ----data----

**Subject: Self application letter**

Dear Mr./Ms./Dr./Prof. [indicare] --------------------------------,

my name is ------------------------------, I am an Italian student from the University of Insubria in Varese (Italy), enrolled in the -------- year of the bachelor/master Degree in --------------------------------------- .

***[Se state contattando una istituzione che ha già accolto studenti dall’Insubria, potete aggiungere questa frase]*** I am aware that your Institution has already accepted as a trainee another student enrolled in the degree course: Law/Medicine/Biology [indicare] coming from my University, therefore I do hope you will consider my candidature as well.

I have visited your website and I’ve found many interesting information about the activities of your Institution and I would really like to live an international traineeship experience in your company within the Erasmus+ traineeship program.

Please allow me to give you a few information about a possible traineeship period so that you can better evaluate my candidature:

* I am planning to spend a traineeship mobility from ----------- to ----------
* The traineeship will not imply any costs for the host Organization
* Insurance coverage is a responsibility of the home Institution, the University of Insubria
* I would like to learn as much as possible about your activities, in particular I’m very interested in: --------------------------------------
* I must apply for the Erasmus+ traineeship scholarship within ----inserire la data di scadenza---- and one of the compulsory documents is: the formal acceptance from the host Organization

Attached please find a copy of my CV. In case my profile suits your expectations and your answer is positive, I would very much appreciate to go into further details with you.

I would be grateful if you could accept my candidature and look forward to your kind reply,

[----nome----cognome----]